



# Information and Terms



## Lunch and Refreshments

Most groups bring a packed lunch with them, as this is their cheapest option, however we can provide a variety of excellent buffet lunches, prices available on request.

Hot and cold drinks are provided.

## Paintballing

Paintballing is a game of tactics and teamwork, at Ability Outdoors our emphasis is on safety and fun.

All players are fully briefed on arrival on the correct use of equipment and our site rules.

We retain the right to remove any players found to be mistreating equipment or breaking site rules from our site.

In such an event no refunds will be given and you will be held financially liable for any damage caused to either equipment or game areas.

Please be aware that paintballing can cause surface bruising to the body if hit by balls.

However remember full protective equipment including – overalls, hoods, padded gloves and full-face and ear covering masks are issued to all players.

## General Safety

Our outdoor activity areas are often situated on rough fields and woodland, where the ground is often uneven due to tree stumps, branches, trees, rocks etc. Please be aware that it is your responsibility to avoid such obstacles.

All outdoors activities, including paintballing carry an inherent risk; at Ability Outdoors we take the appropriate steps to minimize such risks.

**By booking with us we assume that you understand the potential dangerous nature of such activities.**

(Full risk assessments available on request)

Ability Outdoors has public and products liability cover to a maximum of £5,000,000 per claim.





# Driving Directions from A170 (Thirsk & Pickering)

**Satellite Navigation — a word of caution.** Ability Outdoors is hidden away deep in the beautiful Dalby Forest and is effectively 'off the map'. If you follow these directions you will have no problems finding us, however if you try to use Sat Nav you will be sent somewhere else entirely. You have been warned!



- Take the A170 heading East towards Scarborough until you reach Thornton-le-Dale.
- Go down the hill into the village, past the garage, then take the left turn that is signposted to Dalby Forest.
- Keep following the Dalby Forest signs, to the toll gate.

*If there is a forestry commission member of staff on the toll please stop and inform them that you are a customer of Ability Outdoors. They will ask the name that your group is booked under and let you through, you do not need to pay. They will not give you directions so please ensure you have these with you.*

- Continue down to the Visitors Centre
- From the Visitors Centre follow the forest drive for about seven miles until you see Dixons Hollow car park on your left.
- This is where you will park and we will be there to meet you in our minibus at the agreed time.



PLEASE NOTE – It takes around 15 mins to get from the Dalby Toll gate to Dixons Hollow car park, please allow enough time.

Mobile signal is poor in the forest so make sure you are happy with directions before you leave Thornton-le-Dale or Scarborough, if you are not, please call us on 07765 243672.

The activity site is a 10 min minibus drive from the car park, please ensure your vehicle is securely locked and nothing of value is left on display.

Vehicles are left at the owner's risk. Neither Ability Outdoors or the Forestry Commission accept any liability if your vehicle is damaged or stolen.



# Driving Directions from Scarborough

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- From Scarborough head east to Scalby Village, through Scalby to Suffield, then through Suffield to Hackness.
- From Hackness head towards Langdale End, keep following the road until you come to the old toll entrance to Dalby Forest.
- Go straight through and continue to the next toll, a green portacabin.

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- From here follow the forest drive for a few hundred metres until you see Dixons Hollow car park on your right..
- This is where you will park and we will be there to meet you in our minibus at the agreed time.



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